



Mental Health and Substance Abuse Resources in Connecticut for Public Safety Personnel

CISM Regional Team Contacts:

Ofc. Theresa Velez – 917-658-3484

TFC Joy Owens – 860-367-5161

Honor Wellness Center: Intensive Outpatient care for first responders and their families.

Contact Phyllis DiGioia, LCSW , 860-919-9762

phyllis@honorwellness.org, <http://www.honorwellness.org/about.html>

TOWN	LICENSED CLINICIAN
Please check insurance on initial call	
Avon	Susan Engel 860-269-3104
Bridgeport	Robert Matefy 203-335-0345
Danbury	Wendy Sauer - 203-790-1234
East Windsor	Kelly Porter 860-977-6272
Fairfield	Dawn Roy 203-331-7458
Greenwich	Susan Marcus 203-531-3327
Hamden	Mike Dogali 203-230-5817
Middletown	Melissa DiVito 860-704-0300
New Hartford	Stacie Cull 860-601-5904
New Haven	Cheryl Kenn 203-675-3440
Newington	Charleen Kupec Miele 860-614-8382
Newtown	Jennifer Thompson 203-285-8599
Norwich	Julie Longton 860-595-2887
Norwich	Pamela Hall 908-214-7348
Norwich	Elaine Bentley Baughn 860-333-6634
Old Lyme	Tabatha Maiorano 860-499-0663
Ridgefield	Stacy Raymond 203-493-0344
South Glastonbury	Catherine Morrell 860-430-1882
South Glastonbury	Simone Dion 860-430-1333
South Windsor	Pam Neary 860-646-0055

West Hartford	Laney Rosensweig 860-233-3523
West Hartford	Louise Pyers – assessment, consultation, referrals only -203-848-0320
West Hartford	Susan Peterman 860-233-8111
Wilton	Bonnie Rumilly 203-957-1810
Wilton	Linda Rost 203-762-7970

Safe Call Now A confidential, comprehensive, 24 - hour crisis referral service for all public safety employees, all emergency services personnel and their family members nationwide. [206-459-3020](tel:2064593020)

Dennis Cole dennis@uniformedhelp.org <https://www.uniformedhelp.org/what-we-do/>

Police Stressline – This website features insightful articles and a forum on stress in law enforcement. [http://www.geocities.com/stressline com/police stressline](http://www.geocities.com/stressline_com/police_stressline)

CT Alliance to Benefit Law Enforcement Warm Line - 8 am to 8 pm. 7 days a week. A confidential non-emergency information and referral line for resources and referrals available for public safety personnel and their families in Connecticut. [203-848-0320](tel:2038480320).

Information on Peer Support Training <http://www.cableweb.org/training/peer-support>

In-patient and residential rehab programs: Substance abuse/mental health

Marworth – Waverly, PA (has a Uniformed Services Division) – www.marworth.org,
Phone: 800-442-7722

Four Winds Hospital – Katonah, NY – www.fourwindshospital.com – 914-763-8151

Livengrin Foundation – Bensalem, PA – www.livengrin.org – 215-638-5200

OTHER RESOURCES

Employee Assistance Provider

Insurance referred counseling

Clergy

Family and Friends

Post Critical Incident Seminars aevans@valeap.org <http://valeap.org/>

Brattleboro Retreat Uniformed Services Program <https://www.brattlebororetreat.org/usp>

On-Site Academy, Westminster, MA onsite-ggi@onsiteacademy.org PHONE: 978-874-0177

Center for the Study of Traumatic Stress, Bethesda, MD <https://www.cstsonline.org/>

Updated 2/16/19

Pocono Mountain Recovery Center, Henryville, PA (866) 302-6867

We continue to update our lists.

*Please check with CABLE at LCP@cabweb.org or call 203-848-0320 for consultation
and/or additional resources.*

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